

MIGHTY OAKS FOUNDATION

2019 ANNUAL REPORT



CONNECTING
ACROSS
GENERATIONS

FOUNDER'S LETTER

Dear Friends of Mighty Oaks,

2019 was a notable year for Mighty Oaks. We helped to deepen connections between the old and young by fostering mutually beneficial relationships, connectivity and communication.

We saw first hand that staying engaged, socializing and having the opportunity to form fun and meaningful relationships with the young is one of the secrets to enjoying a long, healthy and happy life.

Our programs enabled youth to develop communication skills, problem solving abilities, positive attitudes toward ageing and a sense of purpose and community service.

Both generations benefit. But of course, some benefits are simply immeasurable, like the broad smiles, tender words, eyes lighting up, tears of joy shed by the elderly at graduation.

We joined hands with many of you to give hope and change lives of the elderly, youth and families in HK. I am so fortunate to see first hand the many miracles and transformations made possible by the hard work and dedication of staff, volunteers and collaboration partners.

Heartfelt thanks for your continuing support. It truly takes a village to age optimally. Our city is being slowly transformed because the elderly are embraced and connected in community with the young.

With appreciation,

Poh Lee Tan
Founder and Board Chair

ABOUT MIGHTY OAKS

Mighty Oaks brings positive change by linking elders and youth to jointly discover purpose and connection through intergenerational learning programs. We are the first NGO in HK with a broad range of intergenerational programs to strengthen community bonds and foster understanding between generations through regular social, recreational and educational engagement.

Our vision is to create age friendly communities by connecting every elder facility with a nearby school.





WHY INTERGENERATIONAL LEARNING

People are living longer. Through our intergenerational programs, we promote relationship building between youth and elders for more fulfilled retirement years. This energizes the elderly, reduces their social isolation and enhances their sense of purpose and achievement through sharing their experiences and wisdom with the young.

Participation in our intergenerational programs encourages youth to give back to the elderly and to better understand, respect and care for elders. We help youth to understand the ageing process, encouraging empathy and patience with their own older relatives.

Our intergenerational programs also help older adults to transmit cultural traditions and values to the young, facilitating a greater appreciation for our shared cultural heritage.

That's why it is so important to bring together our generations, the young and the old, the wise and the inexperienced, to bridge the generational gap and improve social bonds between old and young.

RELATIONSHIP BUILDING PROGRAMS

Primary schools

(ACE Academy)



projects

24



elders

311



students

456

Regular intergenerational classes in elder facilities all over HK for joint arts and crafts/ horticulture/ music and movement activities, with professional instructors from Mighty Oaks

Secondary schools

(ACE Connect)



projects

3



elders

90



students

86

Elders paired with secondary school students so youth can gain practical skills in elder care and learn to serve the elderly



RELATIONSHIP BUILDING PROGRAMS

Private / International schools (ACE Clubs)



projects

8



elders

107



students

197

School based and student led intergenerational programs emphasizing empowerment and engagement. We offer guidance and connect these schools with a nearby elder facility

Young artists painting for elders (ACE Art)

(ACE Art)



elders

1040



students

1040

Young artists painting gifts personally given to elders, with exhibitions for the public to promote elder appreciation



2019 HIGHLIGHTS



ACE Centre opening:

Grateful to host Ms. Carol Yip, Director of Social Welfare, Ms. Tammy Chan, Elderly Commission member and Mr. Bruchi Nam, Director of Property and Lands, Urban Renewal Authority for the opening of the ACE Centre

ACE Academy end of year celebration:

170 elders, students (with parents and grandparents), social workers, teachers and valued guests joined this celebration, with an exhibition of artwork from ACE Academy projects

Elder Appreciation

Photography Competition:

So many touching stories were shared by students taking photos with older family members to show respect and appreciation. All were worthy winners

Singapore Association

Hong Kong Gala Dinner:

We are grateful to be selected as one of the NGO beneficiaries at this fundraising dinner. Thanks for seeing value in the work we do and for your support

COMMUNITY EVENTS

Promoting intergenerational engagement



Intergeneration “red banner” writing workshop

For elders and youth at the ACE Centre to celebrate Lunar New Year

Free Art jamming

At the ACE Centre, both old and young joined us for art jamming to celebrate Mother’s Day



Project CARE

SISHK students and elders from Sunshine Complex partnered over 7 lessons to create murals using Lego bricks. Their artwork was exhibited at H6 Conet, Central

Christmas party and performance

At The Salvation Army Bradbury Home of Loving Kindness, student musicians from HKIS jammed with volunteer musicians from a major bank to share the joy of Christmas





HEARING FROM ELDERS

Our programs energize the elderly, reduce social isolation, improve elders' mood and sense of achievement and generate more hope. Youth form relationships with frail residents from elderly homes and active community elders who share their wisdom and experience with the young.

Lee Oi Wan (Elder),
TWGHs Jockey Club
Sunshine Complex

“ “ “ “
The students are so lively, and this energizes me and makes me happy. Otherwise, I will end up just sitting in my elderly home with other elders, day in and day out. I very much welcome participating in fun activities with my young partner.

“ “ “ “
It is so touching to see these students trying hard to learn how to take care of elders. Our residents so enjoyed chatting with all the youngsters, especially when planting turnips together.

Florence Shing
(Home Manager)
@ Haven Of
Hope Nursing
Home

Avis Wong, (Social
Worker, Service
Supervisor), The
Salvation Army Tai
Hang Tung Integrated
Service for Senior
Citizens

“ “ “ “
The elders were delighted to see the little angels with loving and smiling faces. They are great fun to be with for the elderly.

HEARING FROM YOUTH

Learning to love and care for different generations is one of the aims of education. We treasure the opportunity to show our core values to society.

Jimmy Chim (School principal) @ Chiu Sheung School Hong Kong

I am happy to see that the students tried their best to cooperate with the elderly. All students gained a better understanding of the elderly and became more confident through the program.

Mak Pui Ying (School Social Worker),
TWGHs Chow Yin
Sum Primary School

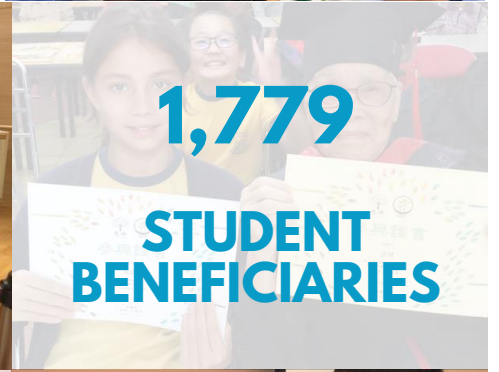
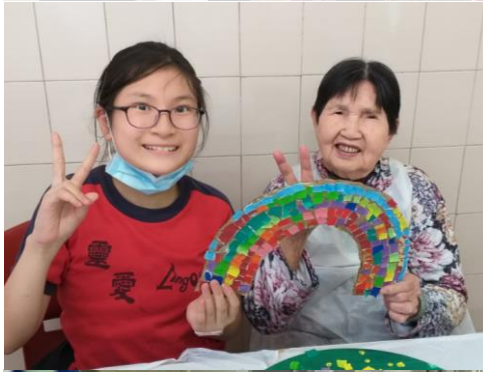
I like to help the elders, learn from them and do something with them. And make them more happy and not sad.

Danish
Mohammad
(Student), Chiu
Sheung School
Hong Kong

Thank you for giving my child the opportunity to learn with elders and care for them at such a young age. He came home every time and told me all about the lessons with excitement and eventually introduced his elder partner to me.

Mrs Woo (Parent),
Chinese YMCA
Primary School

2019 IMPACT



1,779
STUDENT
BENEFICIARIES



1,548
ELDER
BENEFICIARIES



23
ELDER
FACILITIES



31
SCHOOLS

2019 IMPACT

4,518

INTERGEN.
HOURS

(STUDENTS WITH ELDER)

2,700

INTERGEN.
HOURS

(ELDERS WITH STUDENTS)

460

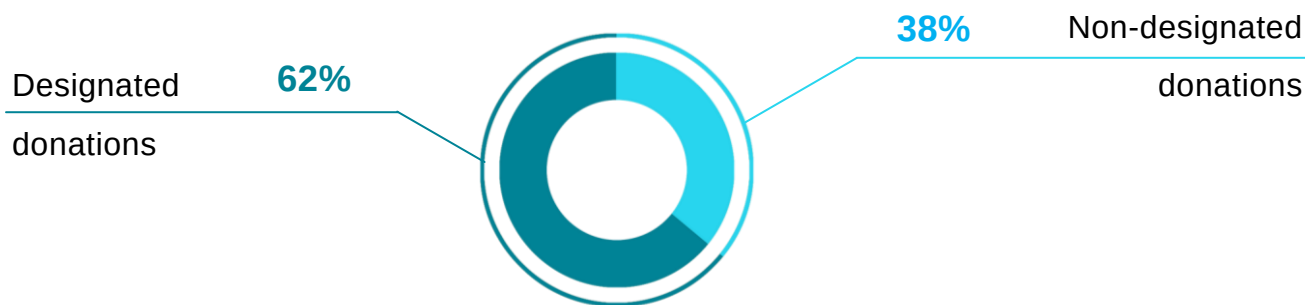
VOLUNTEERING
HOURS

150

VOLUNTEERS

OUR FINANCIALS

Income: 1 January 2019 to 31 December 2019



<u>Donation Income</u>	<u>2018</u>	<u>2019</u>
Non-designated	921,829	982,146
Designated	715,050	1,627,000
Total Donations	1,636,879	2,609,146

Expenditure: 1 January 2019 to 31 December 2019



<u>Expenditure</u>	<u>2018</u>	<u>2019</u>
Programs and services	1,096,398	1,351,068
Operational expenses	104,241	253,187
Depreciation expenses	49,772	51,447
Total Expenses	1,250,411	1,655,702

We aim to maintain 9 months of operating expenses in emergency reserves. The surplus in any given year goes first to ensure that the minimum amount of reserves is maintained. After this, surplus funds are invested in new projects to serve the old and young

DONORS & SPONSORS

Mighty Oaks is grateful to partner with:

- Anthony C.C. Kam & Co
- Baker & McKenzie
- Champion REIT
- Hon Samantha
- H6 CONET
- International Christian Assembly of God Ltd
- Kau Yan Church
- Langham Place
- Link REIT
- Mozart Limited
- Niem John
- Niem Philip
- Niem Tony & Tina
- OCBC Wing Hang Bank
- Shun Hing Group
- Tan Poh Lee
- The Hong Kong Club Foundation Ltd
- The Singapore Association of HK
- TWGHs Jockey Club Sunshine Complex for the Elderly
- United Overseas Bank
- Urban Renewal Authority
- Zheng Ge Ru Foundation

COLLABORATION PARTNERS

Mighty Oaks is grateful to partner with:

Elder facilities

- Care & Services Elderly Home (North Point)
- Caritas Fung Wong Fung Ting Home
- Chuk Lam Ming Tong Care & Attention Home
- Endless Love Nursing Centre (Sheung Wan)
- Food Angel
- Haven Of Hope Nursing Home
- Kong Wan Care Home
- Little Sisters of the Poor St Mary's Home
- Pok Oi Hospital Tai Kwan Care & Attention Home
- Pok Oi Hospital Yeung Chun Pui Care and Attention Home
- Po Leung Kuk Comfort Court for the Senior
- Po Leung Kuk King Lam Hostel
- Po Leung Kuk Kwok Law Kwai Chun Home
- Po Leung Kuk Sai Ying Pun Home for the Elderly
- Salvation Army Kam Tin Residence for the Seniors
- Salvation Army Nam Shan Residence for Senior Citizens
- St. James' Settlement Kin Chi Dementia Care Centre
- S.K.H. Li Ka Shing Care & Attention House For The Elderly
- TWGHs Hui Mok Tak Yu Care and Attention Home
- TWGHs Jockey Club Sunshine Complex for the Elderly
- TWGHs Wong Cho Tong Day Care Centre for the Elderly
- TWGHs Y.C. Liang Memorial Home for the Elderly
- Yan Oi Tong Tin Ka Ping Care and Attention Home

COLLABORATION PARTNERS

Mighty Oaks is grateful to partner with:

Schools

- Alliance Primary School Tai Hang Tung
- Canadian International School
- Chinese International School
- Chinese Y.M.C.A. Primary School
- Chiu Sheung School, Hong Kong
- Creative Secondary School
- Diocesan Boys' School Primary Division
- Diocesan Girls' School Secondary Division
- Family Patners School
- HHCKLA Buddhist Ching Kok Secondary School
- HKTA The Yuen Yuen Institute No.1 Secondary School
- HK University Graduate Association College
- Ho Lap College
- International Christian School
- ISF Academy
- Island Christian Academy
- Kau Yan School
- Norwegian International School
- Po Leung Kuk Chong Kee Ting Primary School
- San Wui Commercial Society School
- Singapore International School (Primary)
- Singapore International School (Secondary)
- St. Stephen's College

COLLABORATION PARTNERS

Mighty Oaks is grateful to partner with:

Schools

- S.K.H. Ling Oi Primary School
- S.K.H. Tin Shui Wai Ling Oi Primary School
- S.K.H. Tin Wan Chi Nam Primary School
- S.K.H. Yan Laap Memorial Primary School
- Ta Ku Ling Ling Ying Public School
- The C.C.C Fong Yun Wah Primary School
- The M.C.C. Holm Glad College
- The Yuen Yuen Institute MFBM Nei Ming Chan Lui Chung Tak Memorial College
- TWGHs Chow Yin Sum primary school
- TWGHs Lo Yu Chik Primary School
- TWGHs Mr. & Mrs. Kwong Sik Kwan College
- TWGHs S. C. Gaw Memorial College
- Victoria Shanghai Academy



CONTACT US



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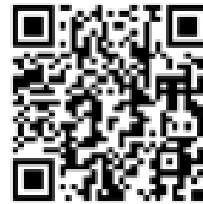


[mightyoaks_hk](https://www.instagram.com/mightyoaks_hk)

Please join hands with us as we continue to meet the needs of the old and young in our community. If you would like to donate or volunteer, please visit our website or please scan the QR code below:



**Giving
opportunities**



**Volunteer
opportunities**



<https://mighty-oaks.org>

Mighty Oaks Foundation Limited is an approved Hong Kong tax exempt charity ref no: 91/13824